

Join Us

It is easy to register with L4C!

Email: Sarado-
lan@sthelenscarers.org.uk

Website: www.listen4change.org.uk
or by returning this slip

Name.....

Address.....

Tel No.....

Email

Can we pass on your de-
tails to St Helens Car-
ers Centre? YES NO

Once you register as a member your email address will be added to our database. You will then start to receive regular emails from our Parent Participation Officer, with information on Listen 4 Change , information on local services, invites to parent carer events as well as opportunities to give your views on local services. If you do not have email please let us know.

We will not pass on your email address and you can unsubscribe at any time.



St Helens Carers Centre
Supporting local Carers for over 10 years
Tel: 01744 675 615



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How To Contact Us

St Helens Carers Centre
31-35 Baldwin Street
St Helens
WA10 2RS
Tel: 01744 675615

www.listen4change.org.uk

Members of



National Network of Parent Carer Forums
"Our Strength is our Shared Experience"
www.nnpcl.org.uk

St Helens Parent Carer Forum

Are you the Parent Carer of a child or young person with special educational needs and/or a disability (SEND) in St. Helens?

If yes, this is your Parent Carer Forum. It is run by Parent Carers for Parent Carers.

About Us

Listen 4 Change, St. Helens Parent Carer Forum, was established in 2009. A Parent Carer Forum is a group of parent carers who work with Local Authorities, Clinical Commissioning Groups, education settings, health providers and other providers to make sure the services that they plan and deliver meet the needs of children, young people and their families.

Listen 4 Change is made up of parent carers of children with Special Educational Needs and/or a Disability (SEND) age 0-25, living in St. Helens.

Listen 4 Change is an active forum with passionate and committed members who want to work with local services to meet the needs of local families.

The Forum is supported by St. Helens Carers Centre, are part of the National Network of Parent Carer Forums and has strong links with local parent carer support and play groups and a range of other organisations supporting local families.

Our Aims

To inform Parent Carers about local services so that they know what is available to support them and their families

To give Parent Carers the opportunity to share their views and experiences of the services they use, directly with the service providers.

To ensure that parent voices are heard at the highest level so that services used by Parent Carers, and their children and young people, meet their needs.

Our Mission Statement

To work with the Local Authority, St. Helens Clinical Commissioning Group, Health Service Providers and other services for children and young people with SEND, thus ensuring parent carers are informed, supported and engaged.

Together our voice is stronger and we can make a real difference.

What We Do

Forum Meetings - We hold regular Forums where Parent Carers can come along, meet other parents, find out about local services, ask questions and give feedback to the service providers.

Information –Receive regular emails with information on what Listen 4 Change are doing, information on local services, invites to parent carer events and groups and opportunities to give your views on local services.

Coffee Mornings -Our regular Coffee Morning is a great opportunity to meet other Parent Carers in a relaxed setting. Come along for a chat over a cuppa and a pastry.

Training - We want our Parent Carers to feel confident, knowledgeable and skilled in their role as a Parent Carer. Also using their experience, knowledge and skills to get more involved in their Forum.

Parent Representation - Be a parent carer who represents the views of families at meetings, workshops and events, working with practitioners to ensure that services meet the needs of those families.